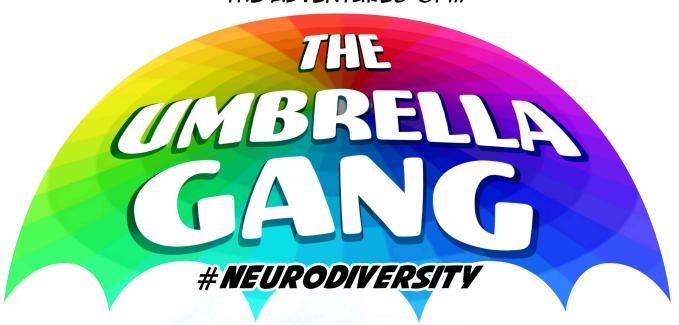
THE ADVENTURES OF ...











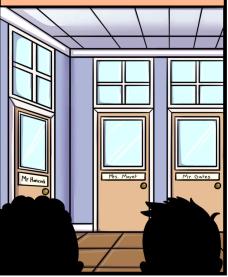




THIS IS **ST.SHELTER'S** SCHOOL. HOME TO PUPILS OF ALL AGES, SHAPES, SIZES AND TYPES.



BUT EVEN THOUGH IT HAS SO MANY DIFFERENT TYPES, THE SCHOOL ONLY TEACHES IN ONE WAY.



YOU HAVE TO BE GOOD AT READING, LISTENING, CONCENTRATING AND PAYING ATTENTION TO GET GOOD GRADES.



YOU HAVE TO READ STUFF FROM TEXTBOOKS AND LISTEN CAREFULLY TO THE TEACHER TO DO WELL.



IF YOU'RE GOOD AT READING AND LISTENING, YOU'LL DO VERY WELL IN THIS SCHOOL.



EVEN BETTER, YOU MAY BE SEEN AS "SMART". PEOPLE MAY EVEN LOOK UP TO YOU.



BUT IF YOU'RE NOT SO GOOD AT IT, WELL....



YOU MIGHT FEEL THE OPPOSITE OF "SMART" EVERY DAY IN CLASS. YOU MIGHT FEEL RATHER STUPID.



YOU MIGHT WORRY ABOUT OTHER PEOPLE THINKING YOU'RE STUPID, AND ABOUT YOUR PARENTS FINDING OUT.



WORSE STILL, OTHER CHILDREN
MAY ACTUALLY SEE YOU AS
STUPIO — DEPENDING ON HOW
MUCH YOU'RE STRUGGLING.



THIS CAN LEAD TO YOU FEELING BAD ABOUT YOURSELF. IN FACT, IN SOME SCHOOLS LIKE ST.SHELTER'S....



...IT CAN EVEN LEAD TO BULLYING!

THIS IS WHY SOME CHILDREN IN ST. SHELTER'S SCHOOL MAY NOT PUT THEIR HANDS UP IN CLASS.

THEY DON'T WANT TO DRAW THIS ATTENTION TO THEMSELVES. OR THEY MAY BECOME A CLASS CLOWN...



ANYTHING TO PROTECT THEM FROM THE UNWANTED ATTENTION AND JUDGEMENT OF OTHER PUPILS.



ST.SHELTER'S SCHOOL MEANS WELL, BUT LIKE MOST SCHOOLS IT TEACHES IN ONE PARTICULAR WAY.



AND WHEN YOU ONLY TEACH IN ONE WAY, YOU'RE BOUND TO GET WINNERS AND *LOSERS*.



FOR EXAMPLE, IF YOU HAVE ADHD YOU MIGHT STRUGGLE WITH ATTENTION AND HYPERACTIVITY DURING CLASS.



OR **DYSLEXIA**, WHICH CAN CAUSE SLOW WRITING SPEEDS AND MAKE READING AND WRITING WORDS PARTICULARLY HARD.



KICKING A BALL, TYING A SHOELACE, OR EVEN HOLDING A PENCIL IS TRICKIER FOR SOMEONE WITH *DYSPRAXIA*.



AUTISM AFFECTS HOW SOMEONE EXPERIENCES THE WORLD. IT MAKES MAKING FRIENDS HARDER AND LOUD NOISES IN A ROOM DIFFICULT TO COPE WITH.



TOURETTE'S SYNDROME (TS) CAN CAUSE "TICS"; IMPULSES TO MAKE STRANGE NOISES, SHOUT, OR EVEN MAKE NASTY COMMENTS.



0

THERE ARE OTHERS TOO.

DYSGRAPHIA MAKES ORGANISING
AND PROCESSING INFORMATION
HARDER.



DYSCALCULIA IS LIKE DYSLEXIA BUT FOR NUMBERS RATHER THAN WORDS.

DEPRESSION IS A MOOD DISORDER THAT CAN MAKE YOU FEEL VERY DOWN ALL THE TIME.



AN **ANXIETY** DISORDER CAN MAKE YOU FEEL LIKE YOU'RE GOING MAD AND RAISE YOUR BLOOD PRESSURE.

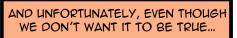
ALL OF THESE ARE NOT DISEASES. THEY ARE THE WAY SOME PEOPLE'S MINDS WORK.

THESE MIND CONDITIONS ARE ALL EXAMPLES OF WHAT WE CALL **NEURODIVERSITY**. 1 IN 5 PEOPLE IN THE WORLD ARE NEURODIVERSE, WHICH IS A LOT!



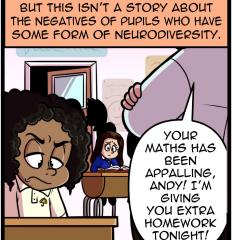
THEY'RE NOTHING TO DO WITH INTELLIGENCE, BUT IN SCHOOL THEY MIGHT LOOK LIKE WEIRDNESS OR STUPIDITY.







TREATED LIKE THERE IS SOMETHING WRONG WITH YOU







...AND WHAT NEURODIVERSITY CAN BRING TO A SCHOOL IF WE TRY TO UNDERSTAND IT BETTER.



EXCUSE ME. ANDY, IS IT? HUH? DON'T TOUCH ME!





ANDY OFTEN TRIES TO COVER UP HIS TICS.



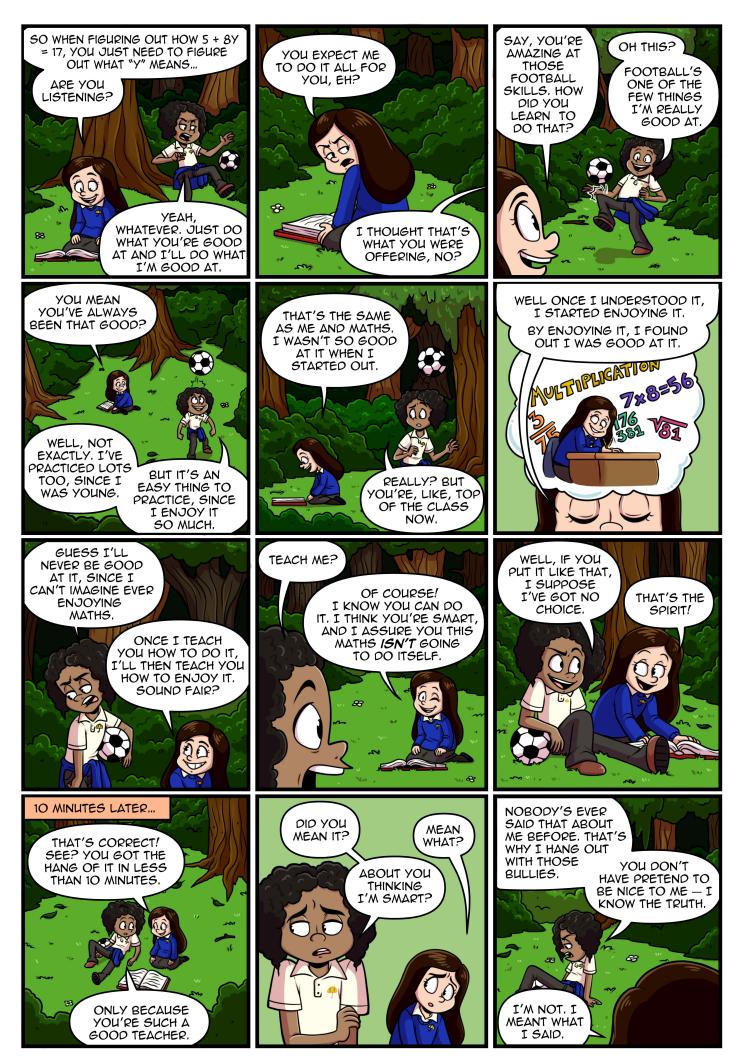




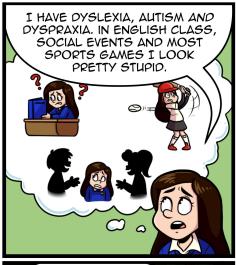


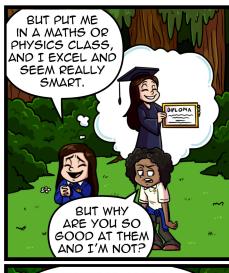
SO AT LUNCHTIME, SIENA TAKES HIM TO A SECURE PLACE IN THE PLAYGROUND WHERE SHE VISITS REGULARLY.

















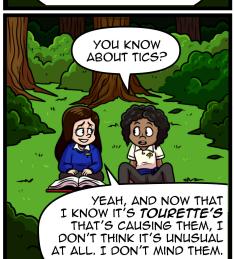


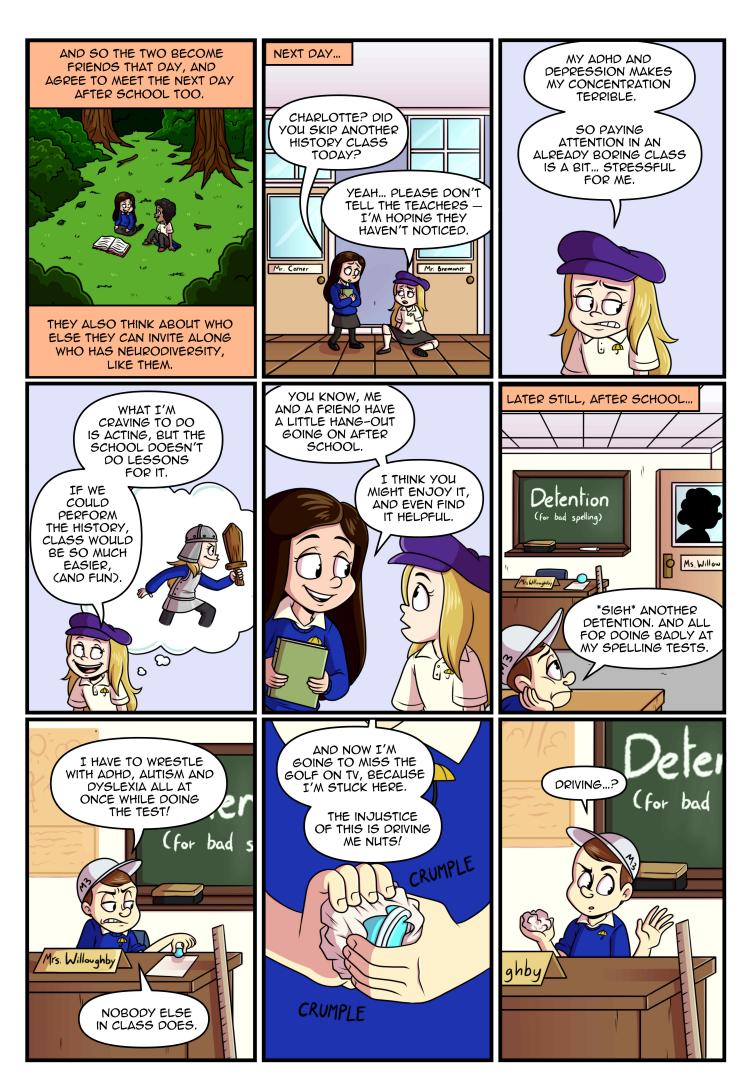


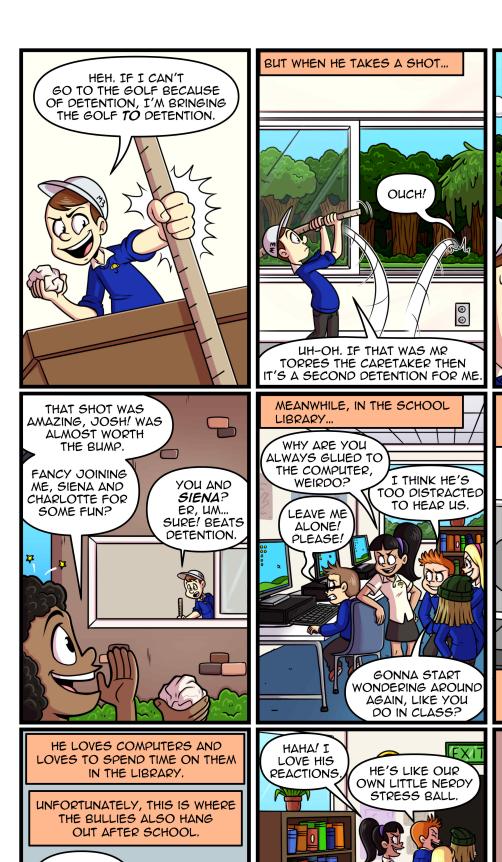












MAYBE WE SHOULD YANK

OUT HIS

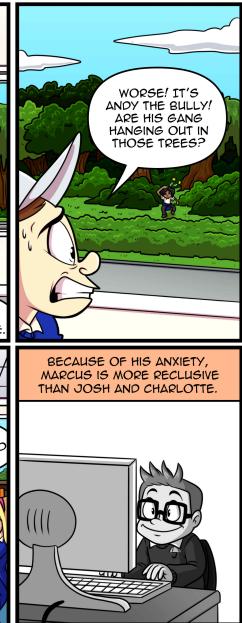
MEMORY

STICK.

PLEASE!

NO!

DON'T BE SUCH A BABY COMPUTER NERO!





MARCUS KNOWS WHAT

HE LIKES AND PREFERS NOT

TO BE DISPUPTED.

A "NERO-BALL"

ΗΔΔΗΔΗΔ!

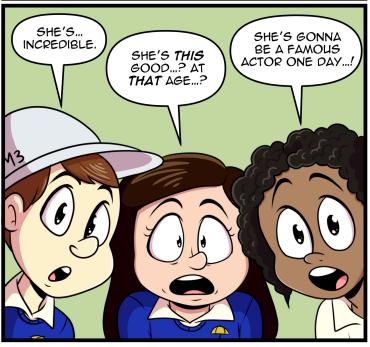








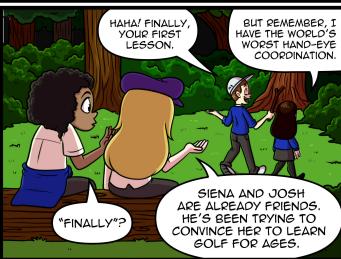






















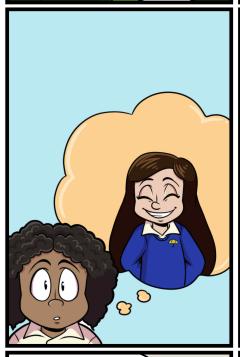












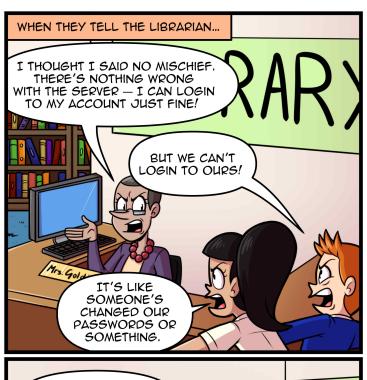








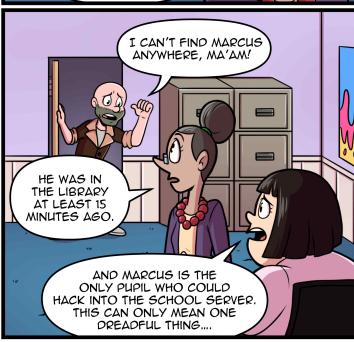


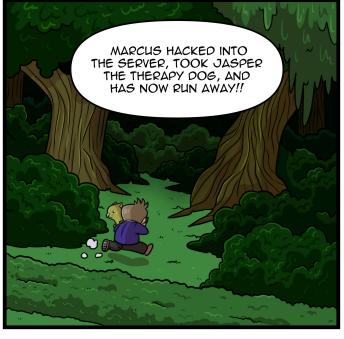


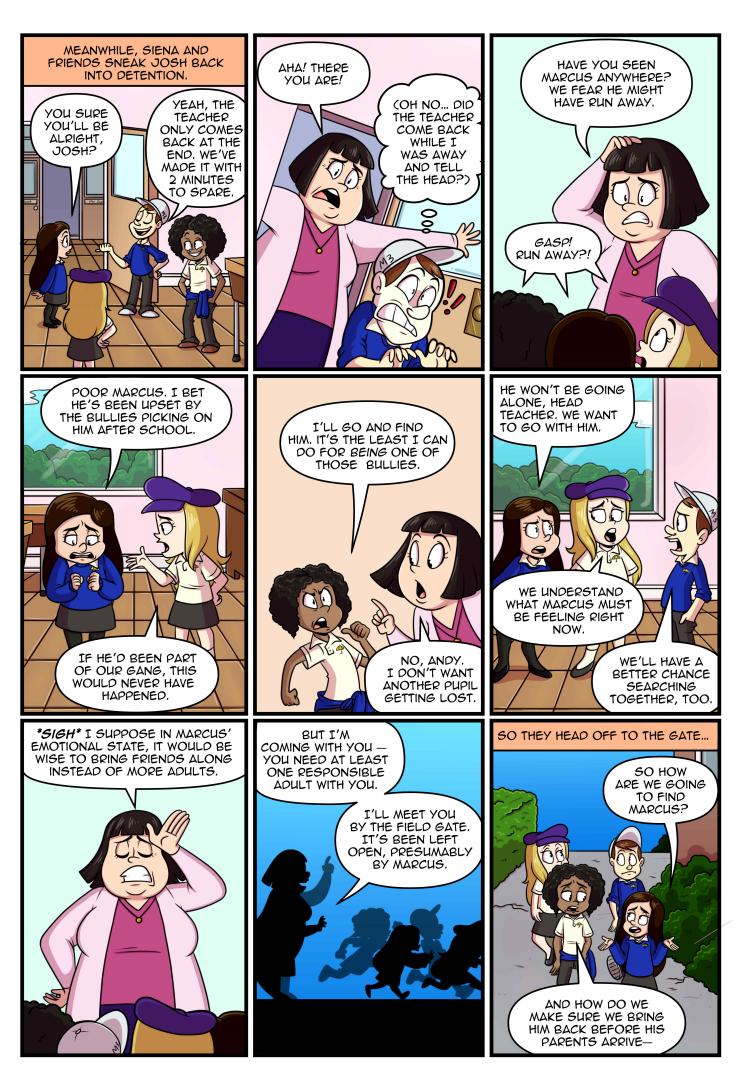


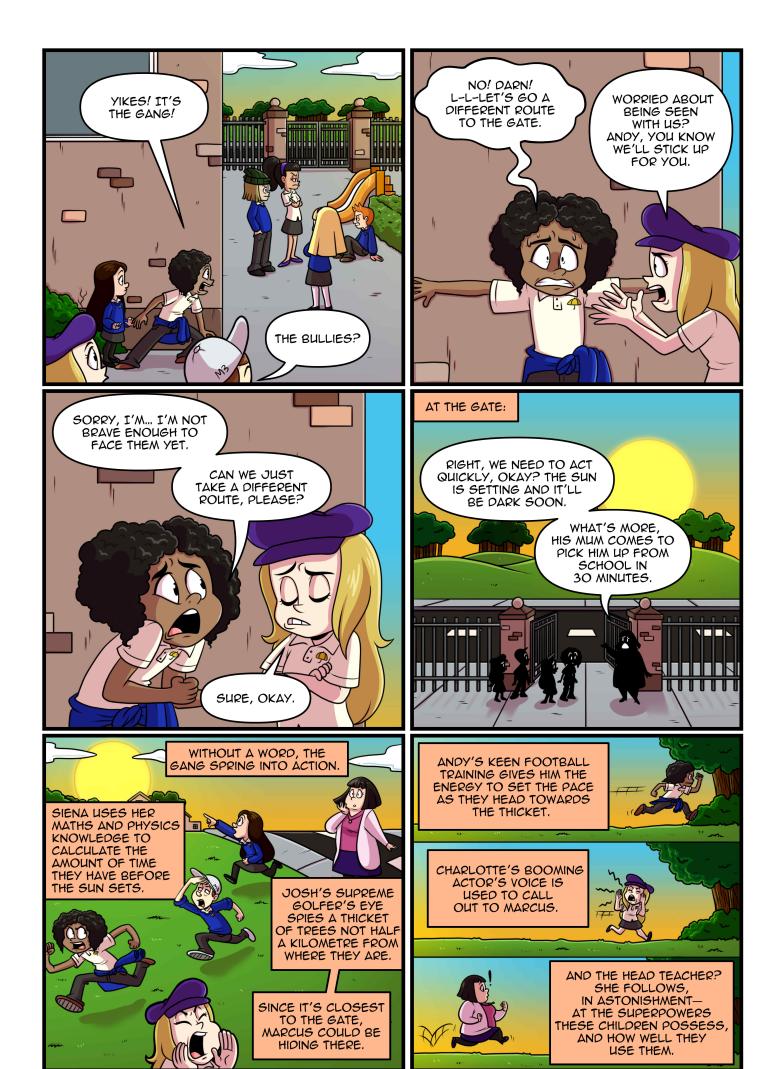


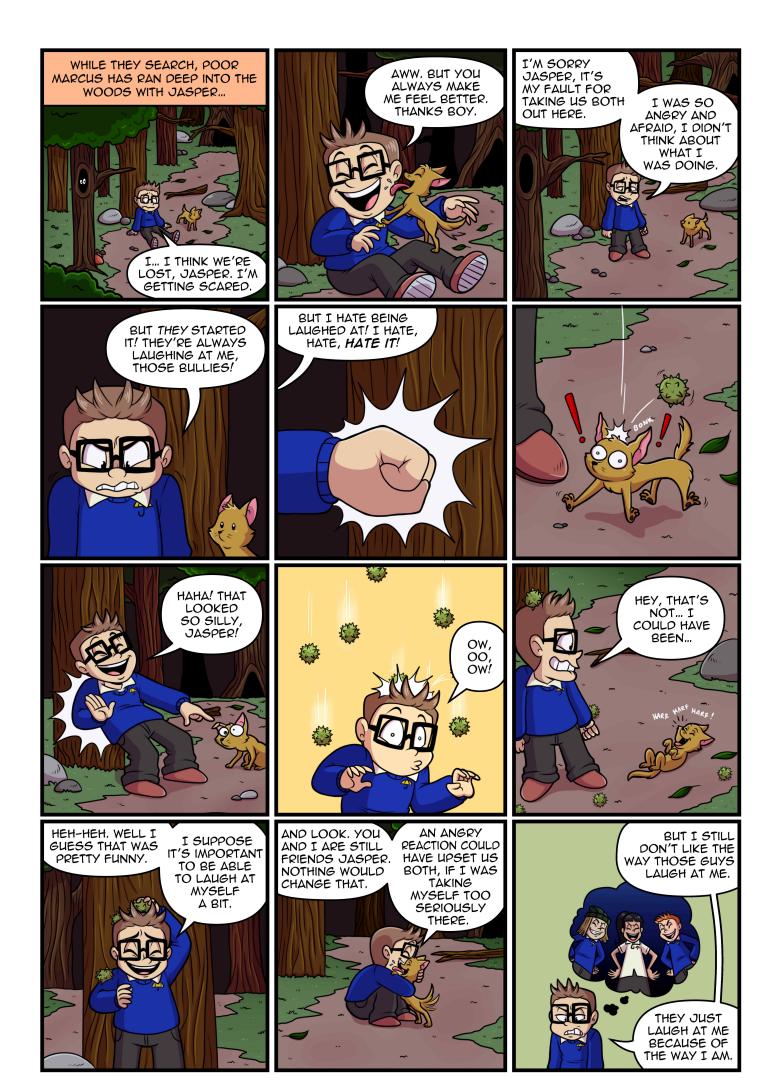










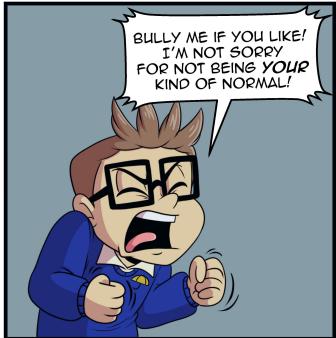










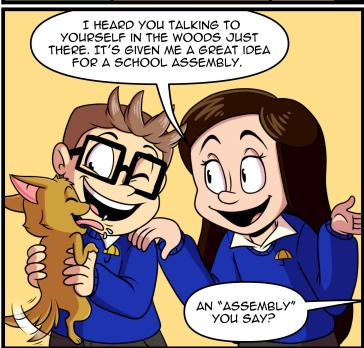








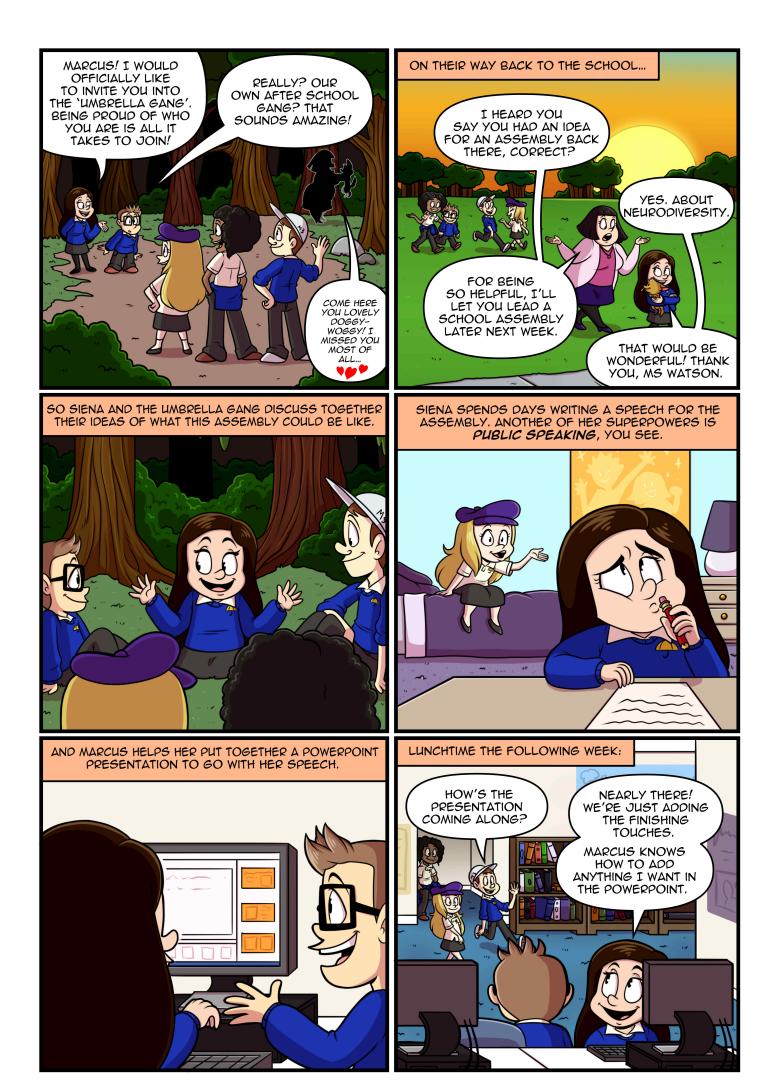




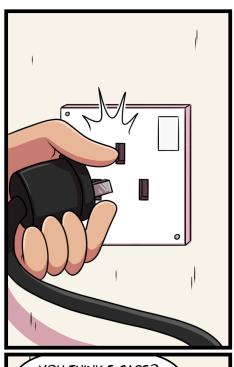


















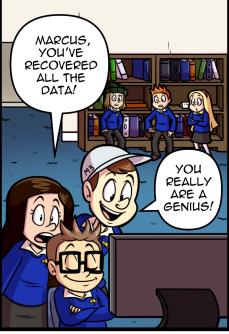


THE COMPUTER'S

BACK ON, BUT THE



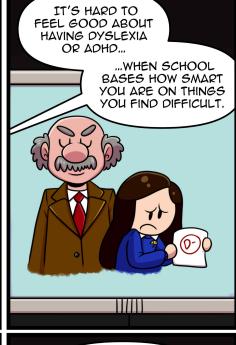




















Use more pictures, so you don't need to rely on words alone.



Ask for more <u>time</u> to finish tasks and homework.



Use GREEN pens rather than RED when marking mistakes, and ask the teacher to do the same.



Executive Functioning: Learn how to concentrate on a task and manage your distractions.

ШШ



I'M NOT SAYING THAT SCHOOL WILL TRANSFORM OVERNIGHT. MY OWN TRANSFORMATION OF ACCEPTING WHO I AM WAS SLOW AND GRADUAL.







THAT, THEN MAYBE SCHOOL

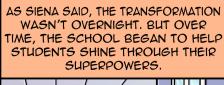
CAN BECOME A GREAT PLACE

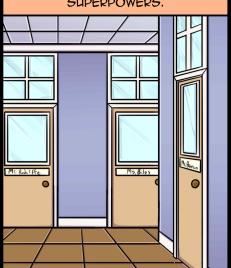
FOR EVERYONE ONE DAY











THEY ARE NOW UNDERSTOOD MORE IN CLASS.



OTHERS ARE EDUCATED ON NEURODIVERSITY, INCLUDING THE TEACHERS.



PUPILS ARE HELPED RATHER THAN PUNISHED FOR THEIR STRUGGLES.



BUT THE BEST PLACE OF ALL IN THIS SCHOOL FOR NEURODIVERSITY IS THE UMBRELLA, WHERE THE UMBRELLA GANG HANGOUT EVERY DAY AFTER SCHOOL.



EVERY DAY THEY GET TO PRACTICE BEING PROUD OF WHO THEY ARE.





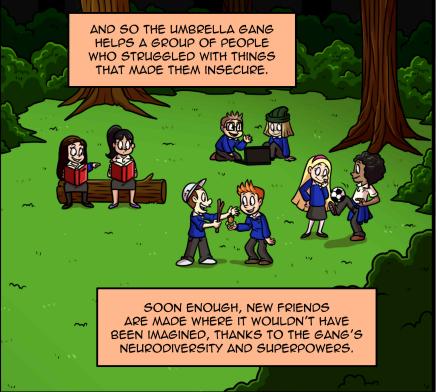














SCHOOL NOW? IT HAS BECOME AN EXTRAORDINARY SCHOOL FILLED

NOT BECAUSE NO CHILDREN
THERE ARE DIFFERENT FROM NORMAL,
BUT IT SEES IT AS NORMAL FOR
CHILDREN TO BE DIFFERENT.

A word from Dr Tony Lloyd: 🔼

CEO of the ADHD Foundation



"I hope you have enjoyed reading about the lives and adventures of the Umbrella Gang. This group of young people who are all 'neurodiverse' and like many of you have ADHD, Autism, Dyslexia, Dyspraxia or Dyscalculia. We know that the five young people you have read about in this comic book story, all know what it is like because the characters are based on real young people. Charlotte, Andy, Marcus, Josh and Siena are all 'Neurodiversity Ambassadors' at the ADHD Foundation. Like you, the five members of the Umbrella Gang are exceptionally talented, intelligent

and have achieved great things – even though they don't always score an A grade. These five young people are outstanding in their work to help others understand that having a learning difference does not stop you from achieving your potential and accomplishing great things. In real life Charlotte is a successful actress, Josh is world champion sportsman in Golf, Siena is a genius at Maths and Marcus – well Marcus is amazing at so many things but especially computers!



Until the next edition of the comic when you will learn more about the Umbrella Gang, we wish you every success in all you do. Remember that having a brain that works differently is much in demand by many businesses – your brain can do things a computer can not do! Being neurodiverse makes you incredibly creative and intelligent in ways that are not always measured in school exams. You are gifted in so many ways. I am sure that every one of you who is reading this is amazing at something! I wish I had understood this better when I was at school. I was always forgetting things and I was often late for school in the mornings. It was difficult having ADHD as child but I didn't let it stop me from working hard for what I wanted to achieve. I hope you have been inspired by the Umbrella Gang and I would like to hear about your amazing abilities. So if you want to share them, speak with you parents or teachers and ask them to contact me at the ADHD Foundation to tell me about your superpowers!"



Charlotte Josh Siena Andy Marcus

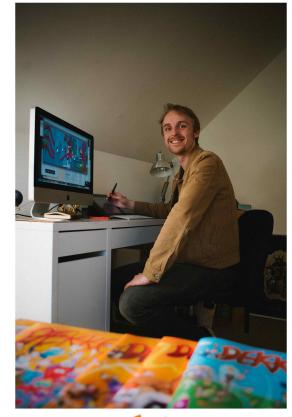


YOU CAN FIND OUT MORE ABOUT THEM, AS WELL AS STUFF TO HELP WITH YOUR NEURODIVERSITY, AT WWW.ADHDFOUNDATION.ORG.UK

Rossie Stone & Dekko Comics:

My name is Rossie Stone. I am dyslexic and struggled with school for most of my life, as well as finding it difficult to fit in. It was an honour for me and my team to write the story and do the art for this comic. The Umbrella Gang related quite personally to my own experiences at school, as it may to many other children and adults reading it. I'm excited to work on the next adventure Tony Lloyd has in store for this comic series... Stay tuned!

Dekko Comics is my company, and we turn school subjects like maths, english, history and more into comic stories so that they are easy and fun to read for everyone. If you'd like to find out more, or try some Dekko Comics for yourself, please visit our website at www.dekkocomics.com.





Do you find school difficult? Maybe you might even have dyslexia, autism, or some other form of *neurodiversity*. We invite you to read this comic story about five friends who help each other focus less on their school struggles and more on their "superpowers".



www.adhdfoundation.org.uk