

THE LISCARD BULLETIN

LISCARD PRIMARY, WITHENS LANE, WALLASEY, CH45 7NQ



T4U - Love in a Box Appeal



T4U is a charity the school supports each year. Each year group has a box that the children in the year group can bring in a small donation. The shoe boxes, when filled, will be sent to children in Ukraine and Moldova.

Parents/Carers Meetings - Reminder October 16th - 16th 2023

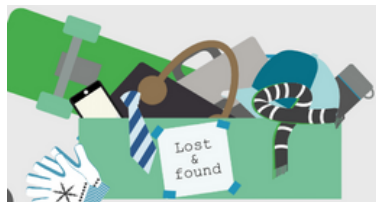
Thank you for all those parents/carers who have booked to see the class teacher this week. If you haven't managed to get a log in to access the booking system on the website (spider) please contact the school office. Joanne or one of the team will manually book an appointment for either Tuesday or Wednesday.



Lost Property

It is only the fifth week back and we have enough lost property to open a uniform shop!

We would appreciate it if you could write your child's name on the label so we can return any missing items quickly. Thank you.



KCSIE - Filtering & Monitoring Procedures

The latest Keeping Children Safe in Education document has reinforced the duty schools have to keep children safe when they are using IT kit. As you know, all children from Year 1 to Year 6 have their own device to use in school. We have a robust filter and blocking system. If any child attempts to access an unsuitable site Miss Moran is able to identify the child and time of access.

Engage - Enrich - Empower



Important - Website Login for Parents

The new school website has a number of really good facilities to improve communication between home and school. We can only use these facilities if all families have a log in to the website.

Either download the schoolspider app or go onto the school website (www.liscard.wirral.sch.uk) and click on the parent log in button (which is at the very bottom of the website page).

On the log in screen click on "Create Account" - You will then be asked to enter your email address which must match the one on the Arbor records.

You will be sent an email with a user name. Enter the username (**NOT** your email address) and create your own password to log in.

The login form includes fields for Username, Password, and School (a dropdown menu). There is a 'Login' button and links for 'Forgot Password?' and 'Create Account'.



Newly Elected House Captains



Democracy in action!

Congratulations to our house captains and vice house captains. All children in Key Stage 2 watched the videos made by children who wanted to be

house captains. The children then voted for the child they thought would best be able to represent them.

Have a great half term break.

New Website

[https:// www.liscard.co.uk](https://www.liscard.co.uk)

Celebrating Great Learning at Liscard

Year 6



Year 6 children have been really busy. They have been working collaboratively and using peer coaching techniques to solve mathematical problems. In art they have been experimenting with watercolours to explore tone.

Year 6

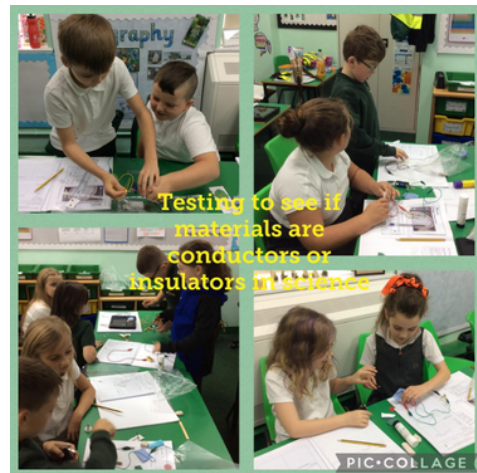


Year 5



Year 5 children have been using role play to craft scenes for their survival narrative. They had to use their bodies to sculpt the scene they wished to focus on. Then they had to walk through the scene in order to describe their emotions.

Year 4



The science topic in Year 4 at the moment has really engaged the children. They can make simple circuits that light up when using a switch to close the circuit. They have been learning which materials conduct electricity and those materials that act as insulators.

Year 3



Year 3 children have been out in the local area. They walked down to New Brighton promenade to look at the River Mersey and discover the links the river has with trade.

Year 2



In English, the children have been preparing to write their first story, a circular narrative. They spent some time exploring a variety of settings. There were various different ideas around the classroom and the children had to imagine they were the main character in their story when arriving at these different places.

ATTENDANCE AWARDS

1AG 98.8%
5JM 97.2%
FAS 95.2%

Let's see which classes have the highest attendance this week!



WALL OF RECOGNITION

Well done to the following children who have consistently followed the school rules of being kind, working hard and never giving up.

F1 LYRA
F2 MARLEY
Y1 CAYDII
Y2 ELLA
Y3 JAXON
Y4 ILAH-ROSE
Y5 OLLY
Y6 CHLOE



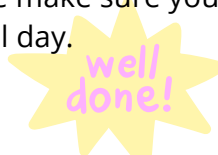
Attendance

Well done to Miss Griffiths' class who were the winners of the attendance trophy for Key Stage 1 for the second week running. Congratulations to Mr Maldon's class who were the winners of the attendance trophy for Key Stage 2.

Miss Stanley's class had the highest attendance across Foundation 2.

The overall attendance was lower than last week at 93.5%. There were twelve classes that had attendance above the national average. Thirteen classes improved attendance from the previous week.

Please make sure your children attend Liscard every school day.



Every Day Counts



School Lunches

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Homemade Pizza Choose from cheese & tomato or pepperoni served with corn on the cob and pasta spirals		Sausage & Mash Choose from fresh butcher's quality pork sausages or Quorn sausages served with homemade mashed potatoes, peas and gravy		Fish & Chips Choose from either cod fillet fish fingers, battered cod fillet or Quorn nuggets baked in the oven and served with chips and peas or baked beans
	All Day Breakfast Bacon, Quorn sausage, muffin, egg, baked beans, mushroom and tomatoes served with fresh bread		Spaghetti Bolognese Choose from fresh minced beef or Vegetarian cooked with onions, garlic, tomatoes and herbs, served on a bed of pasta and broccoli	
Jacket Potatoes are also available daily as a hot alternative Or Deli Bar - Available Everyday A selection of sandwiches, served on sliced bread, wraps and assorted batch with a choice filling will be available daily - ham, cheese, tuna and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, and peppers. Dessert A selection of homemade desserts will be available every day as well as fresh fruit, fruit salad, yogurts and Cheese and Crackers Drink A selection of drinks will be available daily				

National Online Safety

The latest guide from the National Online Safety below provides parents/carers in how to support your child with upsetting content they may encounter on the internet.

Diary Dates

W/B 16th October

Tuesday 17th October

Tuesday 17th October

Wednesday 18th October

Friday 20th October

Monday 30th October

Friday 10th November

Monday 13th November

W/B 27th November

Thursday 7th December

W/B 11th December

W/B 18th December

Friday 22nd December

Parent/Carer Meetings

Year 2 trip to Hindu temple

Year 5 trip to a mosque

Year 6 trip to the Atlantic War rooms

School closes for pupils

School reopens for pupils

Film Festival Cinema Trip

Odd socks day for Anti-bullying

Christingle celebrations

Flu vaccinations in school

Christmas Performances

Elf workshops

Inset Day



Mrs. Sue Talbot

Headteacher

B.Ed(Hons) M.Ed NPQH LPQSH

SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to the war in Ukraine and the conflict in Israel, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.

1



RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.

2



KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening – but again, do stay aware of their emotional state.

3



EMPHASISE HOPE

Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.

4



MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.

5



CONSIDER YOUR OWN EMOTIONS

It's not only young people who find upsetting news difficult to process: adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.

6



SET LIMITS

Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.

7



TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once; instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.

8



ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.

9



FIND A BALANCE

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.

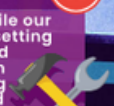
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BUILD RESILIENCE

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.

11



IDENTIFY HELP

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It is essential that children understand that they're not alone, and that help is available if and when they need it.

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Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.



NOS National Online Safety®
#WakeUpWednesday

Sources: <https://www.bbc.com/news/health-50407809> | <https://www.childnet.com/blog/supporting-your-child-with-upsetting-content/> | <https://www.unicef.org/parenting/how-to-talk-your-children-about-conflict-and-war>